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## 親のよい子願望が子どもの自尊感情に与える影響

—— 親への依存欲求・独立欲求に注目して ——

### The effect of parental expectation for good-child on child's self-esteem

—— child's needs for dependency and independence ——

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#### Abstract

The purpose of this study is to measure the child's subjective feeling about his or her parents' expectation for good-child when he or she were pupil and examine the effect of his or her parents' expectation on child's present self-esteem. In addition, child's needs for dependency and independence on his or her parents are measured to examine their present psychological relationship. This study used questionnaires for university students.

This research obtained the following results : 1) The child who has high subjective feeling of parental expectation for good-child when he or she was pupil tends to have high contingency of self-worth; 2) The child who has high need for dependency, need for independence or dependency-independence conflict with his or her parents tends to have high contingency of self-worth.

In addition, causal relation analysis suggested that school-social good-child factor that is a factor of parental expectation for good-child has a positive effect on both male and female contingency of self-worth, contingency of self-worth has a negative effect on sense of authenticity, and emotion control factor that is a factor of parental expectation for good-child has a negative effect on male contingency of self-worth.

**Key words:** parents and child, good-child, self-esteem, sense of authenticity, contingency of self-worth

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**要旨:** 本研究の目的は、子どもが児童期に主観的に感じていた親のよい子願望を測定し、親のよい子願望が子どもの現在の自尊感情に与える影響を調査することである。さらに、親との現在の心理的關係を測定するために、親に対する子どもの依存欲求と独立欲求を測定した。本研究では、大学生を対象に質問紙調査を行った。

調査によって、以下のような結果が得られた。1) 児童期に親からのよい子願望を受けたと感じている子どもほど、現在の自己価値の随伴性が高い。2) 依存欲求が高い・独立欲求が高い・双方の欲求が高く強い葛藤状態にあるなどの子どもほど、自己価値の随伴性が高い。

また、因果關係の分析においては、男女ともに、親のよい子願望の中でも「学校・社会よい子因子」が自己価値の

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随伴性に正の影響を与えており、自己価値の随伴性が本来感に負の影響を与えており、男性においては「感情自律因子」が自己価値の随伴性に負の影響を与えている可能性が示唆された。

キーワード: 親子, よい子, 自尊感情, 本来感, 自己価値の随伴性